

Only One Life: Living for What Will Last
Your Race Counts Part 5
May 18, 2025

Psalm 90:12, *Teach us to number our days, that we may gain a heart of wisdom.*

**Only one life, 'twill soon be past,
Only what's done for Christ will last.**
– C.T. Studd

Matthew 5:3, *“Blessed are the poor in spirit, for theirs is the kingdom of heaven.”*

Lie: You're a good person. You don't need saving.

Lie: If your life is going well, you must be doing fine spiritually.

Lie: As long as you go to church, you're fine.

Lie: “Sin isn't a big deal” or “truth is whatever you make it.”

Mark 2:17, *On hearing this, Jesus said to them, “It is not the healthy who need a doctor, but the sick. I have not come to call the righteous, but sinners.”*

Matthew 5:3, *“Blessed are the poor in spirit, for theirs is the kingdom of heaven.”*

Matthew 5:4, *Blessed are those who mourn, for they will be comforted.*

Nehemiah 1:4, *When I heard these things, I sat down and wept. For some days I mourned and fasted and prayed before the God of heaven.*

Luke 19:41, *As he approached Jerusalem and saw the city, he wept over it **42** and said, “If you, even you, had only known on this day what would bring you peace—but now it is hidden from your eyes.”*

Matthew 5:4, *Blessed are those who mourn, for they will be comforted.*

Matthew 5:5, *Blessed are the meek, for they will inherit the earth.*

Psalm 37:5, *Commit your way to the Lord; trust in him and he will do this: **6** He will make your righteous reward shine like the dawn, your vindication like the noonday sun. **7** Be still before the Lord and wait patiently for him; do not fret when people succeed in their ways, when they carry out their wicked schemes. **8** Refrain from anger and turn from wrath; do not fret—it leads only to evil. **9** For those who are evil will be destroyed, but those who hope in the Lord will inherit the land. **10** A little while, and the wicked will be no more; though you look for them, they will not be found. **11** But the meek will inherit the land and enjoy peace and prosperity.*

Matthew 5:5, *Blessed are the meek, for they will inherit the earth.*

Matthew 5:6, Blessed are those who hunger and thirst for righteousness, for they will be filled.

Matthew 4:4, Jesus answered, "It is written: 'Man shall not live on bread alone, but on every word that comes from the mouth of God.'"

John 4:34, "My food," said Jesus, "is to do the will of him who sent me and to finish his work."

Psalms 42:1, As the deer pants for streams of water, so my soul pants for you, my God. **2** My soul thirsts for God, for the living God. When can I go and meet with God?

Matthew 5:6, Blessed are those who hunger and thirst for righteousness, for they will be filled.

Matthew 5:7, Blessed are the merciful, for they will be shown mercy.

Matthew 6:12, "And forgive us our debts, as we also have forgiven our debtors."

Matthew 18:21, Then Peter came to Jesus and asked, "Lord, how many times shall I forgive my brother or sister who sins against me? Up to seven times?" **22** Jesus answered, "I tell you, not seven times, but seventy-seven times."

Forgiveness doesn't say the wrong was okay—it says I won't let it control me. Forgiveness is a heart posture.

Matthew 5:7, Blessed are the merciful, for they will be shown mercy.

Matthew 5:8, Blessed are the pure in heart, for they will see God.

Psalms 24:3, Who may ascend the mountain of the Lord? Who may stand in his holy place? **4** The one who has clean hands and a pure heart, who does not trust in an idol or swear by a false god. **5** They will receive blessing from the Lord and vindication from God their Savior. **6** Such is the generation of those who seek him, who seek your face, God of Jacob.

Matthew 5:9, Blessed are the peacemakers, for they will be called children of God.

Matthew 5:10, Blessed are those who are persecuted because of righteousness, for theirs is the kingdom of heaven.

Matthew 12:25, Jesus knew their thoughts and said to them, "Every kingdom divided against itself will be ruined, and every city or household divided against itself will not stand. **26** If Satan drives out Satan, he is divided against himself. How then can his kingdom stand? **27** And if I drive out demons by Beelzebul, by whom do your people drive them out? So then, they will be your judges. **28** But if it is by the Spirit of God that I drive out demons, then the kingdom of God has come upon you. **29** Or again, how can anyone enter a strong man's house and carry off his possessions unless he first ties up the strong man? Then he can plunder his house."

Ephesians 2:1, *As for you, you were dead in your transgressions and sins, 2 in which you used to live when you followed the ways of this world and of the ruler of the kingdom of the air, the spirit who is now at work in those who are disobedient. 3 All of us also lived among them at one time, gratifying the cravings of our flesh and following its desires and thoughts. Like the rest, we were by nature deserving of wrath.*

Matthew 5:14, *"You are the light of the world. A town built on a hill cannot be hidden."*

Psalms 90:12, *Teach us to number our days, that we may gain a heart of wisdom.*

**Only one life, 'twill soon be past,
Only what's done for Christ will last.
– C.T. Studd**