

**Unbreakable Joy Comes from True Contentment!**  
**Unbreakable Joy, Pt.7**  
**Philippians 4:8-20**

Sunday, February 16, 2025

**Philippians 4:12**, *I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want.*

**1 Timothy 6:6**, *But godliness with contentment is great gain.*  
**7** *For we brought nothing into the world, and we can take nothing out of it.*

**Six Keys to True Contentment:**

**1. Find Good EXAMPLES**

**Philippians 4:8**, *Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. **9** Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you.*

**1 Corinthians 11:1**, *Follow my example, as I follow the example of Christ.*

**Colossians 3:2**, *Set your minds on things above, not on earthly things.*

**2. Practice Gratitude in All CIRCUMSTANCES**

**Philippians 4:10**, *I rejoiced greatly in the Lord that at last you renewed your concern for me. Indeed, you were concerned, but you had no opportunity to show it. **11** I am not saying this because I am in need, for I have learned to be content whatever the circumstances. **12** I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want.*

**1 Thessalonians 5:16**, *Rejoice always, **17** pray continually, **18** give thanks in all circumstances; for this is God's will for you in Christ Jesus.*

**Hebrews 13:5**, *Keep your lives free from the love of money and be content with what you have, because God has said, "Never will I leave you; never will I forsake you."*

**3. Don't Ever Lose HOPE**

**Philippians 4:13**, *I can do all this through him who gives me strength.*

**2 Corinthians 12:9**, *But he said to me, "My grace is sufficient for you, for my power is made perfect in weakness." Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me.*

**Psalms 28:7**, *The Lord is my strength and my shield; my heart trusts in him, and he helps me. My heart leaps for joy, and with my song I praise him.*

**4. Live With a Generous HEART**

**Philippians 4:14**, *Yet it was good of you to share in my troubles. 15 Moreover, as you Philippians know, in the early days of your acquaintance with the gospel, when I set out from Macedonia, not one church shared with me in the matter of giving and receiving, except you only; 16 for even when I was in Thessalonica, you sent me aid more than once when I was in need. 17 Not that I desire your gifts; what I desire is that more be credited to your account. 18 I have received full payment and have more than enough. I am amply supplied, now that I have received from Epaphroditus the gifts you sent. They are a fragrant offering, an acceptable sacrifice, pleasing to God.*

**Acts 20:35**, *“In everything I did, I showed you that by this kind of hard work we must help the weak, remembering the words the Lord Jesus himself said: ‘It is more blessed to give than to receive.’”*

**2 Corinthians 9:8**, *And God is able to bless you abundantly, so that in all things at all times, having all that you need, you will abound in every good work.*

## 5. Trust in God's **PROVISION**

**Philippians 4:19**, *And my God will meet all your needs according to the riches of his glory in Christ Jesus.*

**Matthew 6:31**, *So do not worry, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ 32 For the pagans run after all these things, and your heavenly Father knows that you need them. 33 But seek first his kingdom and his righteousness, and all these things will be given to you as well.*

## 6. Glorify God in Every **SETTING**

**Philippians 4:20**, *To our God and Father be glory for ever and ever. Amen.*

**1 Corinthians 10:31**, *So whether you eat or drink or whatever you do, do it all for the glory of God.*

**Psalms 34:1**, *I will extol the Lord at all times; his praise will always be on my lips.*