

## **Trust God Daily: Learning to Depend on Your Father!**

### **PRAY! Pt. 3**

#### **Matthew 6:9-13**

Sunday, January 18, 2026

**Matthew 6:9**, “This, then, is how you should pray: “Our Father in heaven, hallowed be your name, **10** your kingdom come, your will be done, on earth as it is in heaven. **11** Give us today our daily bread. **12** And forgive us our debts, as we also have forgiven our debtors. **13** And lead us not into temptation, but deliver us from the evil one.”

**Matthew 6:5**, “And when you pray, do not be like the hypocrites, for they love to pray standing in the synagogues and on the street corners to be seen by others. Truly I tell you, they have received their reward in full. **6** But when you pray, go into your room, close the door and pray to your Father, who is unseen. Then your Father, who sees what is done in secret, will reward you. **7** And when you pray, do not keep on babbling like pagans, for they think they will be heard because of their many words. **8** Do not be like them, for your Father knows what you need before you ask him.”

**Matthew 6:25**, “Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? **26** Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? **27** Can any one of you by worrying add a single hour to your life?”

**Matthew 6:30**, If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you—you of little faith? **31** So do not worry, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ **32** For the pagans run after all these things, and your heavenly Father knows that you need them. **33** But seek first his kingdom and his righteousness, and all these things will be given to you as

well. **34** Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.

### **Four Ways God Teaches Us to Depend on Him Daily:**

#### **1. God Invites Us to Trust Him One Day at a TIME**

**Lamentations 3:22**, Because of the LORD’S great love we are not consumed, for his compassions never fail. **23** They are new every morning; great is your faithfulness.

**Psalms 68:19**, Praise be to the Lord, to God our Savior, who daily bears our burdens.

**Exodus 16:4**, Then the LORD said to Moses, “I will rain down bread from heaven for you. The people are to go out each day and gather enough for that day.” ...

#### **2. God Cares About Our Real Needs Not Just SPIRITUAL ONES**

**Philippians 4:19**, And my God will meet all your needs according to the riches of his glory in Christ Jesus.

**Psalms 37:25**, ... I have never seen the righteous forsaken or their children begging bread.

**Matthew 7:9**, “Which of you, if your son asks for bread, will give him a stone? **10** Or if he asks for a fish, will give him a snake? **11** If you, then, though you are evil, know how to give good gifts to your children, how much more will your Father in heaven give good gifts to those who ask him!”

#### **3. God Uses Daily Dependence to Defeat Our ANXIETY**

**Philippians 4:6**, Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.

**Psalm 55:22**, *Cast your cares on the LORD and he will sustain you...*

**1 Peter 5:7**, *Cast all your anxiety on him because he cares for you.*

#### **4. God Wants a Daily Relationship – Not Just Occasional Panic PRAYERS**

**John 15:5**, ... *“If you remain in me and I in you, you will bear much fruit...”*

**Luke 11:3**, *Give us each day our daily bread.*

**Psalm 5:3**, *In the morning, LORD, you hear my voice; in the morning I lay my requests before you and wait expectantly.*